**Title of the Research Paper (Times New Roman, 12, Bold)**

**ABSTRACT (12 Bold)**

The abstract should encapsulate the brief summary of the research article including the corresponding keywords that allow other researchers to search your article. Also, it should capture the general information about your paper for your readers to have a clear picture of what your article is all about. It does not only provide the general scope of your research but also includes the essential result of your study and the conclusion that can be drawn from the result. (font size 12)

**Keywords:** *[Add up to 5 keywords in lowercase, but capitalize proper nouns, separate each keyword by comma]*

**INTRODUCTION (12 BOLD)**

The introduction of your research paper should explain what the research problem is all about which includes a very brief discussion of what has been done from previous research in relation to your problem and the gap you are trying to address. Likewise, the purpose of why you have conducted your research must be highlighted in this section including the contribution of the article. (12)

All citations should follow in-text citation format of the APA 7th Edition guidelines (author-date). (12)

Each paragraph should be indented or aligned to the left. This section should not have any subsection. Objectives of your study must be stated in the introduction and no other sub-heading should be added. (12)

**MATERIALS AND METHOD (12 BOLD)**

This part of the research article should have a detailed discussion as regards the procedures that had been followed to come up with this study. (12)

If in case that there are several methods that you have utilized in your study, you can separate each of the following components of your methods by making subsections. (12)

Each subheading should be **Bold and italicized** **(12).**

**RESULTS (12 BOLD)**

Result should be presented continuously start from main result until supporting results. Unit of measurement used should follow the prevailing international system. It also allowed to present diagram, table, picture, and graphic followed by narration of them.

The **headings of each table should be bold and should appear above the table** while captions of figures should appear below the figure itself and must be in lower case form.

When referring to a figure in your body of the text of your paper, it should be abbreviated “Fig.” At the same time, figures should be numbered based on how they appear in the text. (12)

Figures, tables, and diagram should be **editable** ones. Please do not send tables and figures in separate files. They should be embedded in the paper itself. Figures should have a resolution of at least 300. (12)

Table 1. Effects of plant growth regulator types and concentrations on embryogenic callus induction from leaf tip explants of *D. lowii* cultured in ½ MS medium supplemented with 2.0 % (w/v) sucrose under continuous darkness at temperature of 25 ± 2 oC after 60 days of culture (12)

Table 3. Maternal and child health care-seeking behavior for the last pregnancy in women aged 15 – 45 years old. (12)

|  |
| --- |
| **Age Groups (Years)** |
| **Type of care** | **≤19** | **20 - 35** | **36 - 45** | **All Age** |
|  | **n** | **%** | **n** | **%** | **n** | **%** | **n** | **%** |
| **Place for antenatal care** |  |  |  |  |  |  |  |  |
| Barangay level service  | 1 | 9.1 | 1 | 4.6 | 1 | 3.5 | 3 | 4.8 |
| District level service | 2 | 18.2 | 7 | 31.8 | 1 | 3.5 | 10 | 16.1 |
| Hospital, Clinics, Private Doctor or OBGYN | 1 | 9.1 | 4 | 18.2 | 2 | 6.9 | 7 | 11.3 |
| Private Midwife | 7 | 63.6 | 10 | 45.5 | 25 | 86.2 | 42 | 67.7 |
| **Place of birth** |  |  |  |  |  |  |  |  |
| Hospital | 5 | 50.0 | 5 | 22.7 | 4 | 13.8 | 14 | 23.0 |
|  Birth Clinic | 5 | 50.0 | 15 | 68.2 | 21 | 72.4 | 41 | 67.2 |
|  Private health professional | 0 | 0.0 | 2 | 9.1 | 0 | 0 | 2 | 3.3 |
| Home or other place | 0 | 0.0 | 0 | 0 | 4 | 13.8 | 4 | 6.6 |
| **Ever breastmilk** |  |  |  |  |  |  |  |  |
| No | 1 | 9.1 | 1 | 4.6 | 1 | 3.5 | 3 | 4.8 |
| Yes | 10 | 90.9 | 21 | 95.5 | 28 | 96.6 | 59 | 95.2 |
| **Exclusive breastfeeding** |  |  |  |  |  |  |  |  |
| No | 4 | 36.4 | 10 | 45.5 | 18 | 62.1 | 32 | 51.6 |
| Yes | 7 | 63.6 | 12 | 54.6 | 11 | 37.9 | 30 | 48.4 |

**DISCUSSION (12 BOLD)**

Describe the significance of your findings. Consider the most important part of your paper. Do not be verbose or repetitive, be concise and make your points clearly. Follow a logical stream of thought; in general, interpret and discuss the significance of your findings in the same sequence you described them in your results section. Use the present verb tense, especially for established facts; however, refer to specific works or prior studies in the past tense. If needed, use subheadings to help organize your discussion or to categorize your interpretations into themes. The content of the discussion section includes: the explanation of results, references to previous research, deduction, and hypothesis. (12)

It should also include the limitation of the paper to allow other researchers to look into other possibilities of another research problem. Furthermore, possible applications and extensions of the study are included as well. (12)

**CONCLUSIONS (12 BOLD)**

This section of the research paper should contain a review of the major points of the research paper based on your objective. Conclusion should be explained clearly related to hypothesis and new findings. Suggestion might be added contains a recommendation on the research done or an input that can be used directly by consumer. (12)

**REFERENCES (12 BOLD)**

The author-year notation system is required and completed. All reference mentioned should be written down in reference using APA 7th Edition and arranged from A to Z. Articles have minimal 25 recent references (last 10 years) and 80% is journal. References from journal publication should be provided by **DOI**. All cited references must be mentioned in in-text citation. If you are Mendeley user, please download the reference style here <https://www.mendeley.com/guides/apa-citation-guide/>